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** basic evidenced-based interventions*

*Spiritual Care Interventions**
Active Listening
Prayer
Referral
Presence
Therapeutic communication
Caring touch
Referral



Spiritual Care Guide

Basic Assessment Questions:

- Do you consider yourself to be spiritual or religious?
- What importance does faith have in your life?
- Are you part of a faith community?
- What spiritual activities are important to you?
- What sustains you and keeps you going?
- How would you like me to support your faith or address your needs?

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Always . . .

- Ask God to guide your care.
- Focus on the patient needs, not your own.
- Begin with careful assessment.
- Respect patient's views.
- Support patients' decisions.
- Ask permission before spiritual interventions.

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Prepare for Spiritual Care

- Reflect on your own spiritual journey
- Know the basics of evidenced-based spiritual care
- Be familiar with faith traditions and belief systems
- Grow spiritually through personal and community Bible study, prayer & worship

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