

Trusting God

Psalm 119:145-152

All scripture is taken from the NIV translation
unless otherwise indicated.

“Do not trust!” is often the sign hanging in our minds and emotions when life is hard. As strong as our desire is to trust, sometimes pain or disappointment just won’t let us. We may feel stuck, buried in the trough of despair. But God never leaves us. We can cry out at any time and He will be entirely faithful. Ultimately, only He can lift us out of the trough and instill in us a trusting heart.

Trusting: believing, relying on, confiding in, expecting, and depending. Serious stuff! Trusting can set us up for feelings of betrayal, betrayal by others and possibly by God. Yet, trusting is necessary. Living life with fear of about trusting can be very difficult. May we gather some tools for trusting from this Psalm. Read Psalm 119:145-152.

Hearing the Word

1. How does the psalmist describe his approach to God in verses 145-149?
2. What is his prayer in verses 145-147 and 149?
3. How does he describe God’s Word in verses 151-152?
4. What does the psalmist say he will do regarding God’s Word? (145-148)?
5. How does the psalmist’s association with God’s Word keep him trusting?

6. How does your interacting with God's Word keep you trusting Him?
7. How does the nearness of God differ from the nearness of the wicked in verses 150-151?

Responding to the Word

- In a time of need on your job, how do you approach God?
- What does your relationship with God look like in this season of your life as a nurse?
- Who or what contributes to the growing of your faith?
- The psalmist unashamedly speaks of his faithfulness to God. Yet, he knows that he cannot remain faithful without God's presence in his life. The psalmist also has developed a rich relationship with God's Word. Thank God for his Holy Spirit who enables us to know and walk in the truth, no matter where we are.
- Explore this passage using different translations of the Bible to see how they might enhance your understanding. Ask the Holy Spirit to teach you as you read.

