Pray together to enter the study
Read text aloud (2-3 verses per person)

FRAME *2 min to read aloud*

A letter written by Paul, a follower of Jesus, to Christians in Philippi. The Christians had been facing significant religious persecution.

"Servant" is translated from the Greek word *doulos*, which can also translate to slave. In this time-period, servant meant someone who gave up ALL their rights to serve.

OBSERVE

5 min to reflect alone, 5 min to all share

Imagine yourself in the story. What do you see, hear, and smell?

Look for repeated words, comparisons, contrasts, and cause and effect.

Note characters, relationships, locations, time, actions, and reactions.

INTERPRET

3 min to gather q's, 12 min to discuss

Develop some questions based on your observations. What stirs your curiosity?

Imagine the perspective of the people in the scene.

Answer your questions from the text and context.

SUMMARIZE & SPOTLIGHT

1 min to read the summary aloud

Paul describes the joy that comes from being a believer and from knowing the sacrifice God made by sending His son, Jesus, to be a servant.

3 min to individually write a main point
2 min for all to share, end with leader

A SERVANT'S HEART: HUMILITY

Philippians 2:1 – 11 (NIV)

1 Therefore if you have any encouragement from being united with Christ, if
any comfort from his love, if any common sharing in the Spirit, if any
tenderness and compassion, 2 then make my joy complete by being like-
minded, having the same love, being one in spirit and of one mind. 3 Do
nothing out of selfish ambition or vain conceit. Rather, in humility value others
above yourselves, 4 not looking to your own interests but each of you to the
interests of the others.

5 In your relationships with one another, have the same mindset as Christ
Jesus:

6 Who, being in very nature God,
did not consider equality with God something to be used to
his own advantage;

7 rather, he made himself nothing
by taking the very nature of a servant,
being made in human likeness.

8 And being found in appearance as a man,
he humbled himself
by becoming obedient to death—even death on a cross!

9 Therefore God exalted him to the highest place
and gave him the name that is above every name,

10 that at the name of Jesus every knee should bow,
in heaven and on earth and under the earth,

11 and every tongue acknowledge that Jesus Christ is Lord,
to the glory of God the Father.

INVITATION

5 min for individual reflection, 5 min to share as a group

Brainstorm all the different groups of people you regularly interact with (friends, classmates, coworkers, patients, etc.). Think of ways you could be a Christ-like servant to them. Write below one way you will be a servant to them this week:

CONCLUDE

5 min to pray for each other and your applications

InterVarsity
NURSES CHRISTIAN FELLOWSHIP

Copyright © 2026 INTERVARSITY CHRISTIAN FELLOWSHIP/USA NCF-JCN.org/resources
Scripture quotations taken from The Holy Bible, New International Version® NIV® Copyright © 1973, 1978, 1984, 2011 by Biblica, Inc. Used with permission. All rights reserved worldwide.