Pray together to enter the study
Read text aloud (2-3 verses per person)

FRAME *2 min to read aloud*

Written by Matthew, this is an account of Jesus' life.

This is from Jesus' Sermon on the Mount where He described the kingdom of God.

Salt was used not only for flavor, but primarily as a preservative.

OBSERVE

5 min to reflect alone, 5 min to all share

Imagine yourself in the story. What do you see, hear, and smell?

Look for repeated words, comparisons, contrasts, and cause and effect.

Note characters, relationships, locations, time, actions, and reactions.

INTERPRET

3 min to gather q's, 12 min to discuss

Develop some questions based on your observations. What stirs your curiosity?

Imagine the perspective of the people in the scene.

Answer your questions from the text and context.

SUMMARIZE & SPOTLIGHT

1 min to read the summary aloud

Jesus talks about people who will be blessed and uses salt and light as a metaphor to demonstrate how Christians should live.

3 min to individually write a main point
2 min for all to share, end with leader

WEEK 2: CALLED TO STAND OUT

Matthew 5:1 – 16 (NIV)

1 Now when Jesus saw the crowds, he went up on a mountainside and sat
down. His disciples came to him, 2 and he began to teach them.
He said:

3 "Blessed are the poor in spirit,
for theirs is the kingdom of heaven.
4 Blessed are those who mourn,
for they will be comforted.
5 Blessed are the meek,
for they will inherit the earth.
6 Blessed are those who hunger and thirst for righteousness,
for they will be filled.
7 Blessed are the merciful,
for they will be shown mercy.
8 Blessed are the pure in heart,
for they will see God.
9 Blessed are the peacemakers,
for they will be called children of God.
10 Blessed are those who are persecuted because of righteousness,
for theirs is the kingdom of heaven.
11 "Blessed are you when people insult you, persecute you and falsely
say all kinds of evil against you because of me. 12 Rejoice and be
glad, because great is your reward in heaven, for in the same way they
persecuted the prophets who were before you.

13 "You are the salt of the earth. But if the salt loses its saltiness, how can it be
made salty again? It is no longer good for anything, except to be thrown out
and trampled underfoot.
14 "You are the light of the world. A town built on a hill cannot be
hidden. 15 Neither do people light a lamp and put it under a bowl. Instead
they put it on its stand, and it gives light to everyone in the house. 16 In the
same way, let your light shine before others, that they may see your good
deeds and glorify your Father in heaven.

INVITATION

5 min for individual reflection, 5 min to share as a group

What does it mean to be salt and light in your context of nursing school, healthcare, home, etc.? Choose one commitment for this week to help you be a light that reflects Jesus. Write your application below:

CONCLUDE

5 min to pray for each other and your applications

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