Pray together to enter the study
Read text aloud (2-3 verses per person)

FRAME *2 min to read aloud*

Written by Matthew, this is an account of Jesus' life.

Leprosy is a contagious skin disease. Those with it were considered unclean and lived alone, separate from others.

Being unclean was a state of being. Anyone you touched would be made unclean. You could only be declared clean by a priest after several rituals (see Leviticus 13:1 – 46).

OBSERVE

5 min to reflect alone, 5 min to all share

Imagine yourself in the story. What do you see, hear, and smell?

Look for repeated words, comparisons, contrasts, and cause and effect.

Note characters, relationships, locations, time, actions, and reactions.

INTERPRET

3 min to gather q's, 12 min to discuss

Develop some questions based on your observations. What stirs your curiosity?

Imagine the perspective of the people in the scene.

Answer your questions from the text and context.

SUMMARIZE & SPOTLIGHT

1 min to read the summary aloud

Jesus touched a man with leprosy to heal his physical, spiritual, and emotional needs.

3 min to individually write a main point
2 min for all to share, end with leader

WEEK 1: JESUS CARES FOR US

Matthew 8:1 – 4 (NIV)

1 When Jesus came down from the mountainside, large crowds followed
him. 2 A man with leprosy came and knelt before him and said, "Lord, if you
are willing, you can make me clean."
3 Jesus reached out his hand and touched the man. "I am willing," he
said. "Be clean!" Immediately he was cleansed of his leprosy. 4 Then Jesus
said to him, "See that you don't tell anyone. But go, show yourself to the
priest and offer the gift Moses commanded, as a testimony to them."

INVITATION

5 min for individual reflection, 5 min to share as a group

In healthcare, it is easy to forget to care for ourselves. What needs do you have that Jesus could address? Choose one self-care activity in each category: physical, emotional, spiritual. Write a commitment for this week to do those activities and invite Jesus to address your needs:

CONCLUDE

5 min to pray for each other and your applications

InterVarsity
NURSES CHRISTIAN FELLOWSHIP

Copyright © 2026 INTERVARSITY CHRISTIAN FELLOWSHIP/USA NCF-JCN.org/resources
Scripture quotations taken from The Holy Bible, New International Version® NIV® Copyright © 1973, 1978, 1984, 2011 by Biblica, Inc. Used with permission. All rights reserved worldwide.