**Celebrating the Year of the Nurse**

**Self-Care Collection**

**A person sitting on a bench

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**Bible Studies**

[Self-Care During COVID-19](http://ncf-jcn.org/resources/new-self-care-during-covid-19)

[Dealing with Depression](http://ncf-jcn.org/resources/dealing-depression)

**NCF Blog Posts:**

[Safety in God in the Time of Coronavirus](http://ncf-jcn.org/blog/safety-god-time-coronavirus)

[Choosing the Pain that Heals](http://ncf-jcn.org/blog/choosing-pain-heals)

[Loneliness & the Love of Christ](http://ncf-jcn.org/blog/loneliness-love-christ)

[Shalom: A Toast to Health](http://ncf-jcn.org/blog/shalom-toast-health)

[Give Thanks, Get Healthy](http://ncf-jcn.org/blog/give-thanks-get-healthy)

[Beating Burnout, Jesus Style](http://ncf-jcn.org/blog/beating-burnout-jesus-style)

[How Are You Feeling?](http://ncf-jcn.org/blog/how-are-you-feeling)

[Reviving Your Quiet Time](http://ncf-jcn.org/blog/reviving-your-quiet-time)

[Hope and Disappointment](http://ncf-jcn.org/blog/hope-and-disappointment)

[Thirsty? Assess Your Spiritual Hydration](http://ncf-jcn.org/blog/thirsty-assess-your-spiritual-hydration)

[Finding Comfort in God's Care](http://ncf-jcn.org/blog/finding-comfort-gods-care)

***JCN* Articles:**

[Self-Care: A Stewardship Perspective](https://journals.lww.com/journalofchristiannursing/Abstract/onlinefirst/Self_Care__A_Stewardship_Perspective.99939.aspx)

[Employee Spiritual Care: Supporting Those Who Care for Others](https://journals.lww.com/journalofchristiannursing/Abstract/2016/04000/Employee_Spiritual_Care__Supporting_Those_Who_Care.12.aspx)

[Clinical Nurse Specialist Perceptions' of Spiritual Care: Nurses Need Support, Care Falls Short](https://journals.lww.com/journalofchristiannursing/Abstract/2017/07000/Clinical_Nurse_Specialist_Perceptions__of.13.aspx)

[Nursing on Empty: Compassion Fatigue Signs, Symptoms, and System Interventions](https://journals.lww.com/journalofchristiannursing/Abstract/2015/04000/Nursing_on_Empty__Compassion_Fatigue_Signs,.8.aspx)

[Engaging Faith for Spiritual Fitness: Helping New Nurses Avoid Burnout](https://journals.lww.com/journalofchristiannursing/Abstract/2019/10000/Engaging_Faith_for_Spiritual_Fitness__Helping_New.22.aspx)