

How to lead Zoom Prayer

Praying online is the same as praying in person -- as the leader, just be careful to give clear directions & create space for people to share.

Step One: Get everyone in the Zoom room

Hey everyone -- instead of meeting in person, join me at our normal time at 7:00p at this Zoom link. When you click the link, it will download the Zoom app. You can call in on your phone if you're not near a computer. ~~ INSERT LINK~~

We'll be using this google doc to keep track: ~~ LINK ~~

Step Two: Introduce & Host

Welcome to our prayer time! Please mute your mic when you're not speaking to avoid background noise affecting interrupting people sharing. We'll be writing out our responses in Google Docs to keep track of who is praying!

Step Three: Pray

Option 1: Pray for the same thing in breakout rooms.

<p>1. Leader sets up the prayer topic.</p>	<p><i>We're going to move into groups of 2 or 3 to pray for those affected by Coronavirus. You have 3 minutes - just jump right in!</i></p>
<p>2. Set up Breakout Rooms 3. Split up & pray</p>	

Option 2: Share requests & pray for each other.

1. Create a Table in Google Docs.

3/10/20 - Example

Who	Prayer Request	Who's Praying?
Angelo	My friend got sick from the virus and needs recovery.	Jon
Heather	My classes are all cancelled and I'm worried about how people in my dorm are feeling.	Angelo
Angelo		Heather
Jon		Heather

2. (2-3 min) Ask everyone to write in 1-2 prayer requests.
3. (2-3 min) Ask someone to put their names down to pray for someone.
4. Ask everyone to pray down the list using the right column.

Option 3: Listening Prayer

1. Share vision for listening prayer:

In John 10, Jesus tells us that his "sheep listen to his voice. He calls his own sheep by name and leads them out." For the next 3 minutes, we're going to listen to Jesus' voice speaking to us.

2. Give 1 example of how listening prayer has worked for you. Offer 1 clear thing to listen for.

In the past, I've gotten phrases, images, or sometimes words from scripture. If this is your first time, don't worry if you don't hear anything. It takes practice to pick out Jesus' voice from the other things we see and hear.

If you feel stuck, ask Jesus a question & listen for an answer.

3. Pray:

We're going to close our eyes for 3 minutes and listen. I'll let us know when the time is up.

4. Invite everyone to share:

What was good or difficult? Did you see or hear anything?

5. Close in prayer:

Jesus, thank you for speaking to us. Let us hear you throughout the day and know that your presence is with us.

Step 4: Debrief

1. What was everyone's favorite part?
2. What will you keep praying for?
3. When should we meet next? (offer 2-3 times)

Leader Tips

1. Be the first to share.
2. Be direct about whose turn it is:

Angelo, could you go next? Then, it's Jon's turn, then Heather, and we'll go around in that order.

OR: We're going to go alphabetically. That means Angelo, then Heather, then Jon!

3. Mark transitions well:

Thanks everyone for writing your prayer requests. Now, we're going to sign up to pray for one another. Read through our table and put your name down on two requests.

4. Keep track of time for the group:

One more minute to write your name next to someone's request!