

## NCF LIVE Chapter Discussion Guide

- 1) How are you coming into tonight's meeting? What are you feeling? What is on your mind that you can give to the Lord to hold, knowing he sees your needs and loves you unconditionally.
- 2) How does Bethany and Kellie's testimony remind you that the Lord is with you wherever you go this fall?
- 3) What stuck out to you from Skip's devotional? What might the Lord be inviting you into this fall in the area of selfcare knowing his burden is light? Consider beginning one of the following disciplines:
  - a) Daily bible reading and prayer
  - b) Weekly sabbath - setting aside your work for a time to spend with the Lord and in life giving activities such as working out and napping.
- 4) What would it look like for you to use the NCF Self-Care Proxe to reach students around you? What obstacles are you encountering in your outreach this fall? How can you creatively overcome them? Spend time in prayer for the nursing students in your life that do not know Jesus. Life them up by name and ask the Lord how you might reach them. Share what you hear.