

# Vital Signs

A newsletter to encourage present and emerging leaders for ministry among nurses



Fall 2013

## What does it mean to be a follower of Jesus in nursing?

NCF has developed a <u>Discipleship Cycle</u> as a model for our groups to explore how to be a follower of Jesus in nursing.

As part of this, our student chapters are doing a "care plan" for their school of nursing to discover more about what it means to follow Christ in nursing. This can be applied to the nursing practice, too. Use this Bible study, *Care Plan for NCF Nurse Chapters*, with your group to expand your vision and learn how you can assess, plan, implement and evaluate your ministry as it relates to your nursing environment.

#### Attendance variable?

- Send out an email survey with key questions like:
  - 1. What did you value most about the meetings you attended?
  - 2. What needs of yours were not met that you would like to have addressed?
  - 3. What obstacles prevented you from attending regularly?
  - 4. What would enable you to be more involved with the group?
- Encourage those who would like to continue involvement by offering them a role in the chapter. If you plan a meeting, call or email ahead to ask if they would be willing to open in prayer, bring a snack, be the person to transcribe prayer requests to email out to everyone or to anyone who wasn't able to come, etc. If they know that they are needed and a vital part of the evening, they may be more likely to attend. Depending on the make-up of your group, you could also ask someone to rotate leading the prayer time or Bible study.



### Discounted CE on articles that pertain to Spiritual Care and other faith based topics



Did you know that NCF members receive 30% off CE from the *Journal of Christian Nursing* and 25% off all other periodicals published by LWW? NCF members simply log in through the NCF website and then will have free access to all past issues of *JCN* and will receive the discounted rate for CE at NursingCenter.com. Encourage nurses in your group to <u>become NCF members</u> in order to receive these benefits.

#### **NCF Connections**



Encourage the nurses in your group to <u>sign up for NCF Connections</u> – a free monthly enewsletter which includes information on current events, highlights relevant blog posts, shares materials specifically for nursing students and nurses, plus lots more. <u>See past issues</u>.





#### **Pray**

The hottest InterVarsity resource right now is <u>Pray</u>: This <u>prayer booklet</u> is as a guide for facilitating individual and communal devotional life. It combines personal and missional prayer and encourages common prayer practices among God's people, including tips for daily prayers, prayer walks, prayer ministry, lectio divina and more. **Buy one at time or purchase 10 or more at a discount for your group from the <u>InterVarsity Store</u>.**