

The Life-Giving Word

Psalm 119:89-96

All scripture is taken from the NIV translation
unless otherwise indicated.

The enemy, Satan, is the father of lies and death; he doesn't want anything near us that provides life. At times, this life is so hard we feel as though we're sinking fast—grasping, seizing whatever we think can save us. Only God and His life-giving Word can save us. This Psalm reveals that God's Word is alive and life sustaining.

As we continue to walk with and grow in Christ, we find out for ourselves that His Word is true. We may hear that it's true, but until we experience its active work in our lives, it's only hearsay. In times of trouble, the psalmist remembered and reflected upon God's attributes. By doing so, he set an example for us to follow when we face affliction. Read Psalm 119:89-96.

Hearing the Word

1. What is the psalmist's view of God in verse 90?
2. How is God's faithfulness displayed in verses 91-93?
3. How does the psalmist describe God's Word? (vv. 89, 96)
4. What actions does the psalmist take in relating with God's Word in verses 92-95?
5. What's the psalmist's problem and prayer in verses 94-95?
6. What are you facing today that may be troubling to your soul?
7. How are perishing and preservation contrasted in verses 92-93?

Responding to the Word

- How does God's Word help you in times of trouble?
- As a nurse, in what ways can you relate to the psalmist's experiences in this passage?
- What do you need from God today?
- The psalmist knew God. He also knew who he was in God. He recognized the importance of remembering both. In this right remembering, he had the recipe of God's life-giving and sustaining Word. Pause and thank God for his life-giving Word and the ways it has sustained you.

- The psalmist describes God's Word in numerous ways. Choose and ponder the two that speak to you the most right now.