

going deeper

Personal or group study ideas.
Read the articles, choose your questions!

- Self-Injury Behavior:** Read Lesniak, pp. 186–193.
- a. Explore Psalms that express internal pain and anguish, such as 6, 22, 28, 88–89, 116, 130, or 142. Which ones were helpful to you? Why? How might these Psalms help someone who is self-injuring?
 - b. What might you say to a patient or friend you discover is self-injuring?
 - c. Have you had patients who cut? Describe your experience. How did you show support? What could you have said or done differently?
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- In-Service Education for Spiritual Care:** Read Cerra and Fitzpatrick, pp. 204–209.
- a. What training in spiritual care have you received? How comfortable or uncomfortable are you in providing spiritual care?
 - b. Are you aware of others in your work setting who provide spiritual care? If so, what do they do?
 - c. Share a story of a time when spiritual care resulted in a positive patient outcome. If there isn't a story to share, discuss why that may be the case.
 - d. Read Matthew 11:28–30. Pray alone or with other nurses about what God wants to teach you regarding spiritual care. Ask him to help you see the spiritual needs of patients and show you how to respond.
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- Documentation:** Read Makey, pp. 210–212.
- a. What mishandled or poor documentation have you seen?
 - b. Read Romans 12:1–3. In what ways does the transformation Christians are to undergo impact your documentation as a nurse?
 - b. How might you handle a situation in which you find the documentation is inaccurate? What is the policy of the institution where you work?
 - b. What factors lead to an increase in documentation errors? What might help decrease errors? Is the system to blame? Why or why not?