

InterVarsity Christian Fellowship
NURSES CHRISTIAN FELLOWSHIP®
PO Box 7895
Madison, WI 53707-7895

ADDRESS SERVICE REQUESTED



Register Early!

Save if you register by May 7, 2010



INTERVARSITY.

New England Spring Conference

COMPASSION FATIGUE:



RECOVERY STRATEGIES

May 14, 2010

First Congregational Church
HOPKINTON, MA

6 Contact Hours of CNE Credit

CNE CREDIT

Nurses Christian Fellowship® is an approved provider of continuing nursing education by the Wisconsin Nurses Association Continuing Education Approval Program Committee, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

*Full-time participants at this educational activity will earn **six (6)** contact hours of CNE credit.*

COST

All fees include registration, materials and meals. Lodging is in addition to the registration fee.

- General fee: \$65.00
- NCF members: \$55.00 (Includes CE)
- Full-time undergrad student / retiree: \$35.00 (No CE)
- FT student/retiree NCF member: \$30.00 (No CE)

After May 7, 2010, add \$5.00 to each fee.
Make checks payable to **Nurses Christian Fellowship.**

REGISTRATION

Choose one of the following registration options:

1. **Mail** registration form and fee payment to:
NCF Registrar, PO Box 7895, Madison WI 53707-7895
2. **Email** registration information to:
ncf@intervarsity.org and **mail** fee payment to NCF Registrar (as above).
3. **Online** registration with credit card payment at
www.ncf-jcn.org

Registration assured
ONLY after payment is received.

Confirmation sent by email upon request only.

If you have registered and are unable to attend,
contact **Karen Grant** at (603) 432-4738 or
KJGCool@aol.com

PURPOSE

The purpose of this activity is for nurses to explore life-giving strategies to address compassion fatigue and facilitate development of a personal plan for recovery.

OBJECTIVES

- Describe development and effects of compassion fatigue in nursing.
- Identify the role of physical renewal in compassion fatigue.
- Discuss forgiveness and carefronting as strategies for addressing compassion fatigue.
- Explore lifestyle changes and heart attitudes that promote recovery from compassion fatigue.
- Identify professional and personal outcomes of recovery from compassion fatigue.
- Develop an individual plan to address personal and professional compassion fatigue.

LOCATION & DIRECTIONS

First Congregational Church

146 East Main Street, Hopkinton MA

Driving Directions: Please go to <http://www.ncf-jcn.org/conferences/main.php>.

Public Transportation: Be sure to check the train schedule as it may change! If you travel by train and would like to be picked up at the Ashland train station, call Karen Grant at (603) 432-4738 by May 3, 2009.

PLANNING COMMITTEE

- Marilyn Bullock, BSN, RN, RNC
- Karen Grant, BSN, RN
- Fran McHolm, RN, MSN

SCHEDULE

Friday, May 14

- 7:45 am REGISTRATION
- 8:20 WELCOME AND INTRODUCTIONS
- 8:30 **Compassion Fatigue Revealed**
- 9:30 **Physical Renewal**
- 10:30 **Focus on Relationships**
- 12:00 LUNCH (provided)
- 12:50 p.m. NCF UPDATES
- 1:00 **Reinvestment / Reframing / Resilience**
- 2:30 **Outcomes of Recovery**
- 3:00 **Life Reorganization**
- 4:00 ADJOURN

Breaks offered throughout the day.



PRESENTER

Fran McHolm, MSN, RN, is NCF Continuing Education Director and Regional Coordinator of NCF ministry in Ohio. Fran's ministry is to challenge nursing students and nurses to view their nursing as a calling and to examine nursing issues from a Christian perspective. She works with staff and local volunteers around the country to design and implement retreats, seminars, and conferences.

FOR MORE INFORMATION . . .

- About this seminar, contact **Karen Grant** at (603) 432-4738 or KJGCool@aol.com
- About **Nurses Christian Fellowship** and membership visit our website at www.ncf-jcn.org.

Not a member?? To receive the member discount for this seminar, you may complete your membership online prior to registering. Enter your **new membership confirmation information** from the InterVarsity Store New Order # ---- (in the subject line of the email you received when your payment was completed) and the date you joined.

If mailing your registration, include your membership application and fee in the same envelope.

COMPASSION FATIGUE: RECOVERY STRATEGIES

May 14, 2010 Hopkinton, MA

Registration Form

Name (as on license) _____

Nametag preference _____

Nurse Student Faculty Other _____

Address _____

City _____ State _____ Zip _____

NCF Member ID # ____ Exp. Date ____/____

(Must be included to receive member rate)

Preferred Phone () _____ [H] [W] [C]

Email _____

- General fee: \$65.00
- NCF member (includes CNE): \$55.00
- Full-time student/ retiree fee (no CNE): \$35.00
- Student/ retiree NCF member (no CNE): \$30.00
- After **May 7, 2010** add \$5.00

Amount Enclosed \$ _____

Release:

In consideration for being accepted and allowed to participate in this conference/project and activities associated with its program and location, I personally assume responsibility for my actions, and release InterVarsity Christian Fellowship/USA® (hereafter InterVarsity®), its Trustees, employees and agents from loss, injury or damage to myself or my property; provided that nothing contained herein shall excuse InterVarsity, its Trustees, employees or agents from responsibility to act with reasonable care for the safety of myself or my property. I give permission to InterVarsity®/Nurses Christian Fellowship to be photographed, recorded, and/or video taped and to allow this material to be used for publicity. Any claim or dispute arising from or related to this release shall be settled by mediation and, if necessary, legally binding arbitration in accordance with the Rules of Procedure for Christian Conciliation of the Institute for Christian Conciliation, a division of Peacemaker® Ministries. Judgment upon an arbitration decision may be entered in any court otherwise having jurisdiction. I understand that these methods shall be the sole remedy for any controversy or claim arising out of this release and expressly waive my right to file a lawsuit in any civil court against InterVarsity for such disputes, except to enforce an arbitration decision. I certify that I am competent to sign this Release, and have done so voluntarily.

Signature _____

- Check this box to receive future postal and/or email messages from NCF.