

- Active listening
- Therapeutic communication
- Appropriate caring touch
- Referral to SC expert

### *Spiritual Care (SC) Interventions:*

- What sustains you and keeps you going? Where do you go for support?
- Is spirituality or religion important to you as you cope with your condition/illness/injury?
- What spiritual activities are important to you?
- How would you like me to support your faith or address your needs?
- Would you like a visit from a chaplain or your clergy? (if yes, arrange visit)

### *Spiritual Screening/History*



Learn more at:  
[ncf-jcn.org/resources/spiritual-care-resources](http://ncf-jcn.org/resources/spiritual-care-resources)

### *Spiritual Care (SC) Assumptions:*

- People are made in the image of God (Genesis 1:26) for relationship with God (John 3:16).
- Spirituality, faith, health, and illness are interconnected.
- Spiritual screening/history and SC are part of nursing practice.
- Preparation and ongoing learning are critical for SC competence.
- Nurses should not offer SC that exceeds their competency.
- Patient autonomy for SC must be respected.
- In-depth/complex SC is the domain of SC experts (chaplains, clergy, spiritual directors).

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*Always . . .*

- Ask God to guide your care.
- Focus on the patient's needs, not your own.
- Begin with careful screening.
- Respect patient views.
- Support patient decisions.
- If you are unsure what to say or do, seek/refer to expert help (chaplain, clergy, spiritual director).
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*Prepare for Spiritual Care (SC)*

- Reflect on your own spiritual journey.
- Develop knowledge in evidenced-based SC.
- Be familiar with faith traditions and belief systems.
- Grow spiritually through personal and community Bible study, prayer, and worship.

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